

JAMES J. HARMS, M.D.

*Board-Certified Orthopedic Surgeon, Medical Orthopedics
Fellowship-Trained in Spine, Specializing in non-surgical spine care*

Dr. Harms is a fellowship-trained, board-certified orthopedic spine surgeon.

Dr. Harms has been an active spine specialist at Carle for almost 25 years. Dr. Harms also acts as a professor in the department of surgery at the University of Illinois.

Currently at Carle Spine Institute, Dr. Harms no longer performs spine surgery. He currently uses his extensive background in orthopedics and spine surgery to assess new back and neck pain patients and manage non-surgical treatment options. When non-surgical treatment options fail to provide relief, or in the emergence of red flag symptoms, Dr. Harms refers the patient internally to the spine surgeons within Carle Spine Institute.

Dr. Harms completed a fellowship in spine surgery at St. Luke's Hospital, Shriner's Hospital and the University of Illinois Hospital. He earned a Bachelor of Science in chemistry at the University of Illinois and his medical degree at the University of Illinois Medical Center in Chicago.



He completed his internship and residency at the University of Illinois.

Dr. Harms is a member of the editorial board of *Spine Journal*. His other professional society memberships include the American Academy of Osteopathic Surgeons, American Medical Association, Champaign County Medical Society, Illinois Orthopedic Association, Illinois State Medical Society, Mid-American Orthopaedic Association and the Scoliosis Research Society.