

ZEESHAN AHMAD, M.D.

Fellowship-Trained, Board-Certified Physiatrist

As a board-certified, fellowship-trained physical medicine and rehabilitation (PMR) specialist at Carle Spine Institute, Dr. Ahmad specializes in the nonsurgical relief of back and neck pain.

Dr. Ahmad completed a three-year fellowship in orthopedic, musculoskeletal and sports medicine with specific experience and training in interventional pain management at Portner Orthopedic Rehabilitation, Inc., in Honolulu, Hawaii. He also completed a four-year residency at Louisiana State University in New Orleans, where he trained in physical medicine and rehabilitation and internal medicine. Dr. Ahmad's undergraduate degree was earned at Dow Medical College in Karachi, Pakistan, where he studied medicine and surgery. He completed an internship in internal medicine at Civil Hospital in Karachi, Pakistan, and an additional internship in surgery at the Institute of Urology and Transplantation.

Dr. Ahmad has given multiple presentations at professional medical conferences and has served as the Regional Managing Editor of *Rehab in Review*, a monthly publication produced in collaboration with the department of



physical medicine and rehabilitation at Harvard Medical School.

Dr. Ahmad is a member of the American Academy of Physical Medicine and Rehabilitation (AAPM&R), the American Medical Association (AMA), the Physiatric Association of Spine, Sports and Occupational Rehabilitation (PASSOR), the North American Spine Society (NASS) and the American Society of Interventional Pain Physicians (ASIPP).

In his spare time, Dr. Ahmad enjoys singing, swimming, bicycling and traveling.